



Conflict Resolution Program



Completely transform your team in just 3 months by mastering resolving conflict and improving communication.

Transform Your Business in 3 Months

Our program equips you with the skills to handle conflicts effectively, fostering a harmonious and productive work environment.

Why choose our Conflict Resolution Program?

Almost everyone struggles with resolving conflict, but it is not a magical gift that some people have and others don't. It is a skill that can be learned, and depending on the effort and practice, anyone can become proficient. Our program combines comprehensive training and personalised coaching to ensure you become proficient in managing and resolving conflict.

Program overview

Training and Coaching Blend

Our program includes 10 hours of online training sessions for individuals or groups, coupled with one-on-one coaching sessions.

The program spans 10 weeks, with 1-hour sessions each week.

Practical, Proven Lessons

Our content is derived from years of practical experience and proven success in conflict resolution. No theoretical jargon – just actionable strategies that work.

What you will learn

Self-Discovery

Gain insights into your own behaviour and conflict style.

Understanding Others

Learn to empathize and communicate effectively with different personalities.

Conflict Dynamics

Understand the root causes and nature of conflicts.

Conflict Management

Develop strategies to manage conflicts before they escalate.

Conflict Resolution

Master techniques to resolve conflicts amicably and constructively.

A worthwhile investment

Ready to transform your team's communication and conflict resolution skills?
Contact me for more information.

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